

# 2022 Women's Retreat

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## Living Whole Heartedly



REGISTER at [www.headwatersmc.org](http://www.headwatersmc.org)

By May 10, 2022

**WHEN:** May 20-22, 2022  
beginning 7:00 pm on Friday  
ending 11:00 am on Sunday

**WHERE:** The Rustic Inn and  
Event Center  
E10725 County Rd HH, Osseo, WI 54758

**COST:** \$50.00

Women's retreat is a time to come away and be with other women for a weekend of laughter, exploring faith, reflection, and community. We will be exploring what it means to live with our whole hearts, what supports this way of living, what holds us back and how we can support one another.

If this is something you've  
been needing....come!

**You are worthy of love and belonging!**

“Wholehearted living is about engaging with our lives from a place of worthiness. It means cultivating the courage, compassion and connection to wake up in the morning and think, ‘No matter what gets done and how much is left undone, I am enough.’ It’s going to bed at night thinking, ‘Yes, I am imperfect and vulnerable and sometimes afraid, but that doesn’t change the truth that I am also brave and worthy of love and belonging.’” – Brene Brown

COVID 19 Precautions: Upon arrival at the retreat, participants are required to be asymptomatic AND show proof of a negative COVID test within the past 36 hours. Depending on community COVID numbers, mask may or may not be required. See COVID Guidelines on the MC website for details. Every effort will be taken to have a safe retreat.